

SINCE 1984



913-268-6700

Visit our website:

www.envirotechks.com

"NEWS YOU CAN USE"

A Quick Note From James

I hope this newsletter finds everyone safe, happy and healthy. Remember our lives can get crazy at times, so don't forget to enjoy the small things in your life and smile.

At the Gallet house we are back into the school time routine of wake up, go to school and work, do homework, go to sports or dance practices, sleep and repeat. How we find time to eat, play with the pets and talk to one another is beyond me.

I really do look forward to winter and spending more time indoors with my kids and wife. There are several small things that give me joy during the winter months. The shorter amount of daylight allows me more time to run around the house with the kids. I love playing cars and trains with my

2-yr old son, baking cookies with the kids, and dancing with the girls (or maybe it is watching them laugh at me while we are dancing). I am looking forward to playing in the snow, building snowmen and sharing hot chocolate with the kids when we come in the house frozen and wet. I also look forward to just spending a lazy weekend day watching movies with my lovely wife.

Please give me a call if I can help you with any of your home comfort needs and thanks for all your continued support and referrals.

P.S. There are some incredible rebates and discounts available right now for replacement of your old heating and cooling systems; see the info box down below, and call me for more details.



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Envirotech Services:

- *COOLING
- *HEATING
- *ICE MACHINES
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Carbon Monoxide Tips:

Carbon monoxide is the leading cause of accidental poisoning deaths in America. This odorless, tasteless, and colorless gas is known as the "Silent Killer." The Centers for Disease Control estimates that carbon monoxide poisoning claims nearly 500 lives annually. Early symptoms of carbon monoxide poisoning such as headaches, nausea, and fatigue are often mistaken for the flu because the deadly gas goes undetected in a home.

Everyone should have a carbon monoxide alarm on each level of their home as a first line of defense. If the alarm sounds, evacuate the home and call the fire department.

In addition your home heating system must be inspected and cleaned by a qualified technician (Envirotech) every year.

A few more common causes of poisoning are: allowing your vehicle to run or warm-up in the garage (even with the door open), burning charcoal inside your house (even in the fireplace), and operating gasoline-powered generators in confined areas such as garages or basements.

For more information on carbon monoxide or to schedule a furnace safety inspection give us a call at 913-268-6700.

Disinfect your home?

It is a lot easier than it sounds. A simple way to keep the air in your home disinfected and clean is to invest in a whole home filtration system. This filtration system consist of an ultraviolet light (UV) that works in conjunction with a high efficiency HEPA type air filter.

The sun is a natural emitter of UV light, which keeps outdoor microorganisms in check. This system can accomplish the same thing inside your home, or in other words the UV light is like having the sun shine on all of the air before it is re-circulated into your home.

Once microorganisms pass through or come in contact with the UV light it causes the microorganism to die. That is where the high efficiency filter comes into play, this filter collects the dead microorganisms.

A few examples of microorganisms in your home are: bacteria, viruses, pollen, mold spores, fungi, ragweed, dust mites, etc. To find out more visit our website at envirotechks.com or call James at 913-268-6700.

Energy Savings Tips:

-Add insulation to your attic. This is a huge energy saver!!!

-Seal any leaky doors or windows.

-Let the sunshine in. Open drapes and blinds and let the sun heat your home during the day for free.

-Fireplaces are bad for energy loss, so make sure the dampers are closed when not in use.

-Wash full loads of dishes and let them air dry.

-Upgrade old in-efficient heating and cooling equipment. Did you know that heating and cooling your home accounts for over 40% of your total utilities?

-Have your furnace and air conditioner cleaned and tuned annually. Dirty equipment will work harder and cost you more to operate.

History of Heating Homes:

The majority of homes in American before 1885 were heated with either wood burning brick fireplaces or cast iron stoves (invented in 1742). By the end of the 19th century, coil fired boilers and the first steel coal furnaces were introduced.

Without electricity and fans these early furnaces transported heat by natural convection (warm heated air rising) through ducts. This all changed in 1935; the first forced air furnace using coal as a heat source was introduced. Shortly thereafter, gas and oil versions of forced air furnaces would relieve homeowners from the chore of "stoking the coal fire." Today about 60% of homes are heated with gas fired forced air furnaces and another 9% with oil. In warmer climates, a quarter of our homes are heated using electric furnaces "air handlers" or heat pumps which supply both heating and cooling energy.



Our website just underwent a facelift. Go see what's new at www.envirotechks.com

also

We want you to become our fans, Envirotech Heating & Cooling is now on Facebook.

*Printable coupons for Services and Early Bird Furnace Inspections available on our website, www.envirotechks.com Look under the "Offers" tab.

\$1200 Rebate
\$1500 Federal Tax Credit
\$850 KCPL Discount
\$3550 off a new Home Comfort System, plus a free 10 year warranty, guaranteed utility savings & Financing available WAC. For more details on these limited time offers, call James at 913-268-6700 today.

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"Your Comfort Is Our Business!"

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Recipe for: **Italian Style Chili**

Ingredients: 1 lb. penne pasta, salt, 2 Tab. olive oil, 1 1/2 lbs. ground chuck, 2 Tab. chili powder, black pepper, 1 onion chopped, 1 red bell pepper (seeded and chopped), 1/2 green pepper (seeded and chopped), 1 Tab. Garlic powder, 1 cup beef stock, 2 tsp. cumin, 1 (15oz) can crushed tomatoes, 1 (6oz) can tomato paste, 1 tsp. basil, 3 Tab. brown sugar, 2 cups shredded cheddar cheese

Directions: Cook pasta in salted water until done. Preheat broiler to high. Meanwhile, heat a deep skillet over medium high heat with olive oil. When it ripples, crumble ground chuck and brown, 5 to 6 min. Season meat with chili powder, salt and pepper, and cumin. Add onions, peppers, and garlic. Cook vegetables until soft 6 to 7 minutes. Add stock and scrape up pan drippings. Stir in crushed tomatoes, tomato paste, brown sugar, and basil. Simmer sauce 10 minutes. Drain pasta and add to sauce, stir. Transfer to a casserole dish. Cover with cheese and brown under broiler 3 to 4 minutes.

Envirotech Heating & Cooling

Recipe for: **Blueberry-Lemon Cheese Blintzes** (Great for breakfast or a brunch)

Ingredients for crepes: 3 eggs, 2 cups milk, 2 Tab. oil, 1 1/2 cups flour, 3 Tab. sugar, 1/2 tsp. salt

Ingredients for filling: 8 oz. cream cheese, 8 oz. ricotta cheese (or cottage cheese), 1/4 cup sugar, 1 tsp. vanilla, 1 tsp. lemon zest, 1/2 tsp. salt

Ingredients for Berries: 1/4 cup granulated sugar, 1/4 cup water, 2 pints blueberries (12 oz.), 2 Tab. lemon juice

Directions for crepes: Beat eggs until thick. Add remaining crepe ingredients and beat until smooth. Heat a nonstick griddle over medium heat. Spray griddle with non-stick cooking spray. Add 1/4 cup batter to griddle (should spread into a circle). Cook until just set and browned, about 1 to 2 minutes. Flip and cook until second side is lightly browned. Remove from heat. Cook remaining batter the same way.

Directions for filling: Combine all filling ingredients in a mixing bowl and mix with a mixer.

Directions for blueberry syrup: Combine sugar, water and 1/2 cup of the berries in a small pan and bring to a simmer over medium heat. Add the remaining berries to a small bowl and pour in the syrup. Stir in the lemon juice. (If you want a thicker syrup, add a little cornstarch to the sugar before you add it to the water).

~After the above directions are done, heat oven to 375 degrees. Spoon 3 Tab. of the filling down the center of each crepe. Fold up the crepe like a burrito. Put on a baking sheet and repeat until all the crepes have been filled. Bake for 10 to 15 minutes. Transfer to a serving platter and pour syrup over top. Top with whipped cream. **Envirotech Heating & Cooling**



MEET ONE OF OUR CUSTOMERS



Loy Hickman

Loy is a former pilot who has a passion for corvettes. He and his wife Nalina have been living in the Shawnee area for over 20 yrs. They have 2 daughters and 4 grandchildren.

How long has Envirotech been serving you?

at least 3 years, they recently installed a zoning system for us and it is fantastic.

Why would you recommend Envirotech to a friend or family member? Well they do what they say they would do and their employees are friendly, courteous and informative.

How did you find out about Envirotech? I found them when I was looking for filters for my humidifier.

What memory in your life puts a smile on your face? There are too many to list, I am just a happy guy.

What is one thing that no one knows about you? I sing in the shower, but not well.

Can you give us a quote or a wise word:

Just always try to do your best.

Upgrade Equipment

Incentives

- Up to \$1200 Cash Back from York
- Envirotech's Home Comfort Guarantee
- Free 10-Year Extended Warranty
- Up to \$850 off for KCPL customers
- Up to a \$1500 Federal Tax Credit
- Guaranteed Utility Savings 35% min.
- Financing Available

Call James Gallet today at 913-268-6700 for details, and more information.